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Sex Education in Delhi: Preventing HIV/AIDS and Other STDs

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**Abstract**

In much of India, that many students lack knowledge of basic sexual topics and STDs, such as HIV/AIDS. To help reduce the lack of knowledge in Delhi, India, we implemented an education program that informs teachers how to educate students about sexual topics. Our education program, modeled after a program run by UMEED, was effective in educating teachers about what their students know about topics relating to sex and made the discussion of sexual topics more comfortable.

**Project Goals/Objectives**

- Increase knowledge of topics relating to sexuality among 13 year old students in New Delhi, India.
- To educate teachers about effective ways to educate their students about topics relating to sexuality.
- To decrease the prevalence of HIV/AIDS in New Delhi, India.

**Methods/Process**

1. Distribute survey to students and teachers
2. First Workshop
3. Students grasp a better understanding on sex education and HIV/AIDS.
4. Sex Ed Program with HIV/AIDS implemented in classrooms
5. HIV/AIDS cases in young adults goes down

**Background**

- 35.3+ million people are living with HIV/AIDS worldwide and 2.1 million of those are children aged 10-19 years old.\(^4\)
- India currently has a general policy looking down on sex education for fear of corrupting young minds, but some progress has begun to take place.\(^2\)
- A group called Team UMEED has already put on a workshop to teach educators how to inform students on topics relating to sexuality in another region of India.\(^3\)

**Conclusions and Results**

- "Sex Education session with all teachers in our school is need of the hour," Manisha Paul.\(^3\)
- "I must say that I am really satisfied with both the days of the workshop, so I have no suggestions," Anindya Sarker.\(^3\)
- "...Still there is room to know and empower ourselves. Looking forward to more such session," Murchhana Ghosh.\(^3\)

**References**