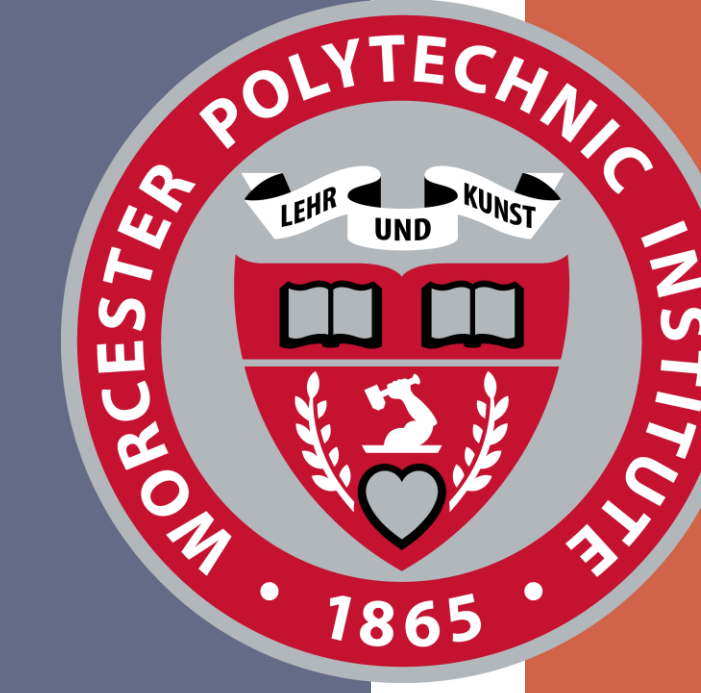


Worcester's Weekends

A food pack program for elementary students in need

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WPI

Problem

Children from low-income families often do not get proper nutrition over the weekend .



Methods

- Food packs with nutritious food
- 50 low income 4th-6th graders at Elm Park
- \$250 per student per year
- Distributed discreetly
- Funded by: individual sponsorships, corporate donations, grants, and local fundraising efforts
- Packs assembled by WPI student volunteers

Results

- Academic success
- Standardized test scores: 10% improvement
- Attendance rates increase
- Obesity rates decrease



Fruit Trees

- Produce included in food packs
- Nutrition and food situation awareness
- Education



Outlook

- Program expansion
- Diminished malnutrition in Worcester's elementary schools

Assessment

- Surveys for students, parents and teachers
- Academic, health and attendance data

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Students At-Risk for Hunger at Elm Park



Students At-Risk for Hunger in Massachusetts

