Mental Health: Diagnosing Our Youth
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Our Goal: To reduce the number of Americans suffering from undiagnosed mental health issues

Background

Students Screened as Potentially Having a Mental Health Illness
- 18% found through the computer test
- 82% missed by the computer test but found during the one on one session

A Post Study Comparing a Two Part Referral System and the Traditional Referral System

Abstract

Our plan is to implement mental health screenings with a psychologist for elementary school children. These screenings will be implemented to hopefully discover all children suffering from mental illnesses at the earliest age possible. Doing this would allow them to acquire the help they need at an earlier age.

Methods/Process

1. Acquire funding for psychologists
2. Begin one on one screening with students
3. Refer students to appropriate resources
4. Continue study for at least a generation
5. Watch for potential changes in suicide rate and mental health statistics

Predicted Results/Conclusions

Predicted Percentage of Population in Tulsa County, Oklahoma (2016-2046)

- Suicide rate decreased by 24%
- Number of people seeking mental help more than doubled

If these predicted results prove to be conclusive, this program could be expanded across the United States.

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References