Sexual Assault Across the U.S
- Causes negative effects: mental illness, drug dependence, and sexual health issues.
- 20% of women and 5% of men experience some form of sexual assault
- < 1/3 of middle and high school learn about consent or sexual assault

Need
There is a high rate of sexual assault and abuse among adolescents and young adults in the United States.

Future Plans
The curriculum should spread to 30 towns by the year 2030.

Conduct Lesson Plan
- Research other similar programs
- Establish goals of course

Meet the Parents
- Ask permission
- Debriefing session

Establish Baseline
- IRB-approved pre-survey

Course Execution
- 4 lessons over 4 weeks
- Discussion-based learning

Course Evaluation
- IRB-approved post-survey
- Testimonials from students, teachers, and parents

Week-by-Week Breakdown
1. Identifying Healthy Relationships
2. Identifying Unhealthy Relationships
3. Understanding Consent
4. Wrapping Up

Expected Results
Increased knowledge measured using a pre and post survey evaluation.

Before Course
- Healthy relationships (25%+)
- Consent means and when it is required (35%+)

After Course
- I feel confident in identifying healthy and unhealthy relationships (25%+)
- I understand what consent means and when it is required (35%+)
- I am confident in standing up for myself in a dangerous situation (10%+).
- I feel confident standing up for my friend in a dangerous situation (32%+).

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References
- Domestic and Sexual Violence Services
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