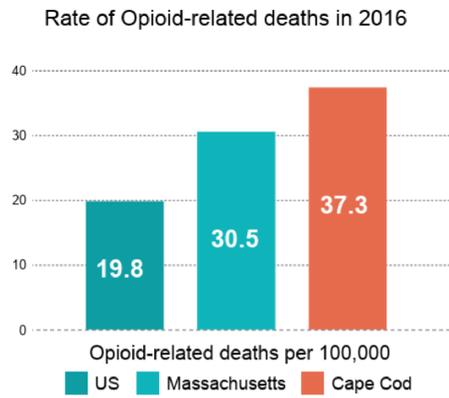


# Opioid Crisis on Cape Cod

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## Problem

Cape Cod, Massachusetts is home to some of the highest rates of opioid abuse in the country, with blue-collar workers being at the highest risk of usage



## Blue-collar Workers

are at

# 2 times

greater risk of overdosing than other occupations due to



Seasonal economy



Occupational injuries



Pressure to return to work

## Community of focus

Cape Cod's vocational-technical high school students will feed into the blue-collar population, putting them at high risk, in combination with preexisting mental health and emotional problems compounded by stress of academics and choosing a trade



## Our Solution

We will develop an educational program that aims to reduce the risk of opioid abuse, with mentors from the blue collar workforce and that better utilizes available school counselors.



## Educational program

1<sup>st</sup> trimester



Make students aware of counselors, support groups, hotlines, and mental wellness classes

2<sup>nd</sup> trimester



Identify and discuss causes and effects of drug use among the school community

3<sup>rd</sup> trimester



Career planning and college readiness

## Blue collar worker guest speakers give insight into career and risks

Collaborate with Gosnold



Existing counselors at the school coordinate blue collar workers to speak with students to discuss benefits, challenges, and stresses associated with the trade and how to combat these risks.

## Create



Compile a curriculum

## Partner



Form subdivision within School Based Programs through Gosnold

## Present



Meet with the schools and present solution with Gosnold

## Implementation



## Assessment

Obtain qualitative data from students about the program through surveys and monitor opioid statistics

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