There’s No Handbook for Motherhood
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Need: To reduce the high infant mortality rate in Liberia

Approach: Instituting an education plan for mothers

Liberia

- Fifth highest infant mortality rate
- 43,000 infant deaths per year
- 70% of births occur in rural areas
- Little education on infant healthcare

Causes of Infant Mortality Under 5

Goals

- Midwives have access to pamphlets
- Educate mothers on infant healthcare
- ULTIMATELY: Reduce the infant mortality rate

References:


Midwives

- 63% of births occur outside of hospitals
- Trained midwives educate traditional midwives
- Highly respected

Plan of Action

1. Create pamphlets for midwives
2. Set up network of midwives in rural areas
3. UNICEF distributes pamphlets to midwives
4. Midwives teach mothers basic healthcare skills

Health Workforce

- Physicians
- Midwives

Distribute pamphlets with basic health information to midwives:

- Exclusive breastfeeding
- Symptoms of illnesses
- Nutrition
- Mother/child connection
- Easy and economical