Sex Education in New Delhi, India: Lessening the Prevalence of AIDS
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Abstract
In much of India, that many students lack knowledge of basic sexual topics and STDs, such as HIV/AIDS. To help reduce the lack of knowledge in Delhi, India, we implemented an education program that informs teachers how to educate students about sexual topics. Our education program, modeled after a program run by UMEED, was effective in educating teachers about what their students know about topics relating to sex and made the discussion of sexual topics more comfortable.

Project Goals/Objectives
- Increase knowledge of topics relating to sexuality among 13 year old students in New Delhi, India.
- To educate teachers about effective ways to educate their students about topics relating to sexuality.
- To decrease the prevalence of HIV/AIDS in New Delhi, India.

Background
- 35.3+ million people are living with HIV/AIDS worldwide and 2.1 million of those are children aged 10-19 years old.\(^4\)
- India currently has a general policy looking down on sex education for fear of corrupting young minds, but some progress has begun to take place.\(^2\)
- A group called Team UMEED has already put on a workshop to teach educators how to inform students on topics relating to sexuality in another region of India.\(^3\)

Methods/Process
- Distribute survey to students and teachers
- First Workshop
- Students grasp a better understanding on sex education and HIV/AIDS.
- Sex Ed Program with HIV/AIDS implemented in classrooms
- HIV/AIDS cases in young adults goes down

Conclusions and Results
- "‘Sex Education session with all teachers in our school is need of the hour,’ Manisha Paul."\(^2\)
- "I must say that I am really satisfied with both the days of the workshop, so I have no suggestions,’ Aminda Samerjee."\(^3\)
- "...Still there is room to know and empower ourselves. Looking forward to more such session,’ Murchhana Ghoosh."\(^3\)

References