Mental Health: Diagnosing Our Youth
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Our Goal: To reduce the number of Americans suffering from undiagnosed mental health issues

Background

Students Screened as Potentially Having a Mental Health Illness
18% Found through the Computer Test
82% Missed by the Computer Test but found during the One on One Session

A Post Study Comparing a Two Part Referral System and the Traditional Referral System

Abstract

Our plan is to implement mental health screenings with a psychologist for elementary school children. These screenings will be implemented to hopefully discover all children suffering from mental illnesses at the earliest age possible. Doing this would allow them to acquire the help they need at an earlier age.

Methods/Process

Acquire funding for psychologists
Begin one on one screening with students
Refer students to appropriate resources
Continue study for at least a generation
Watch for potential changes in suicide rate and mental health statistics

Predicted Results/Conclusions

Suicide rate decreased by 24%
Number of people seeking mental help more than doubled

If these predicted results prove to be conclusive, this program could be expanded across the United States.

Acknowledgments

We would like to thank Paige Neumann, Lynne Riley, and Jim Monaco for their help with our project.

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