Some WPI freshmen lack motivation and get distracted from academics by digital media such as social media, video games, and television.

We would create a program for an Insight Meeting to discourage distraction. Connie Aramento and our CAs advised us to relate anecdotes.

Time management is an important skill for college students. Our research shows the extent, effect, and cause of the problem in WPI freshmen.

48 WPI freshmen responded to the research survey. Our results suggest that some WPI freshmen are distracted.

We thank Connie Aramento and CAs James Akid, Allison Rivard, and Carlie Alfaro.

We would teach students how to resist distraction. They would hear tips, facts, and anecdotes. Our assessments would be able to evaluate the meetings’ effectiveness.

We thank Connie Aramento and CAs James Akid, Allison Rivard, and Carlie Alfaro.

References/Acknowledgements

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